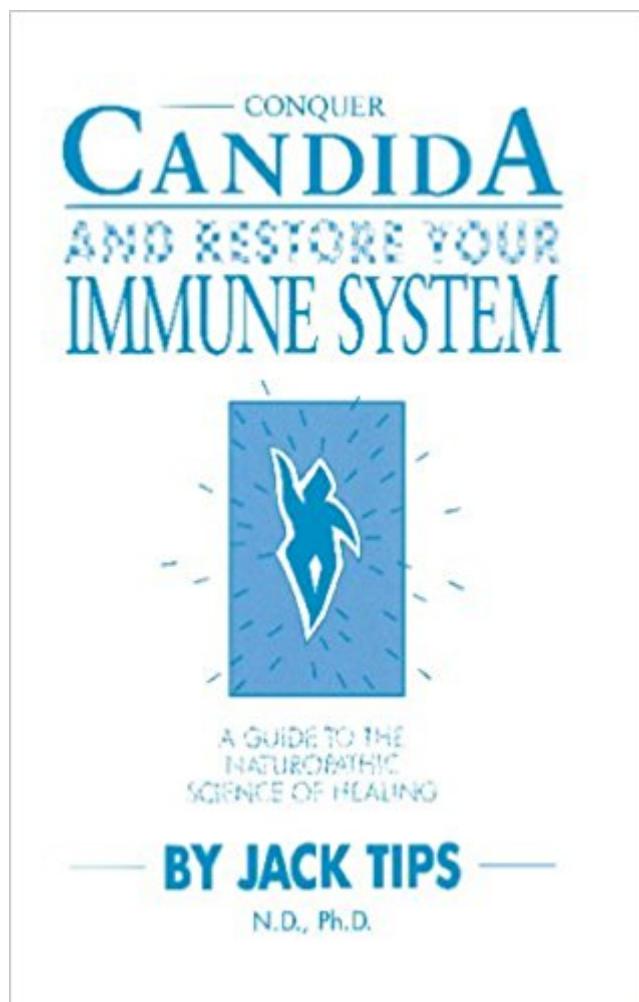


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# Conquer Candida And Restore Your Immune System: A Guide To The Naturopathic Science Of Healing



## **Synopsis**

Candida is not the real enemy! Discover the truth about your immune system from never-before published clinical research that shows you the three steps to a healthy immune system.

## **Book Information**

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## **Customer Reviews**

OLD BOOK. I should have known better as a retired information scientist! We were taught that in 5 years information(example, encyclopedias) is not only incomplete-but WRONG. I don't know if the author is still around, but have concerns that people will believe this drivel. He equates "constitutional types" to fastidiousness, passive, etc to systemic candida!?and worse.

This book was well written. The author is very knowledgeable. He cited other authors. He was able to make the problem of Candida understood. He covered the origins of the disease, the symptoms, and the steps that are needed to control the disease. He was able to take away some of the confusion that I had concerning the disease. He wrote in a manner that was easy for a layman to comprehend. He stated pros and cons for various methods of treatment. He suggested other reference materials. He was thorough and precise without a lot of excess detail. I would recommend this book to anyone that is troubled by Candida.

This book was so sane!!! I can't believe what a difference it made and how it helped me to not only understand what candida was all about, but to conquer it as well and to help others do the same.

Jack has a way of finding and communicating the truth in a way that is easy to understand and apply. I loved the way he spelled out all the things that contribute to candida. Who would have ever guessed some of them. Read it and find out! And in the book is a test you can take to see if you have candida yourself. Get his other books, too. They are all full of truth and wonderful life-saving, health-improving advice.

I'm biased because I am an admirer of Dr. Tips's books and have consulted with him personally. After years of fighting candida, and losing the fight, I read this book and learned the issue overlooked by all the other books on this subject. Thus, because of the wisdom and insights of this book, I was able to cure myself of environmental sensitivities, food sensitivities, and fatigue. I am thrilled to be able to be the first to review it and hope others can benefit.

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